



Small Plates

- Rotisserie Chicken, Kale & Chickpea Soup** tomato, vegetables, parmesan 11.⁹⁵ GF
- Creamy Clam Chowder** with Nashville hot crackers, crispy bacon 11.⁹⁵ GF
- Tuna Osaka** pressed sushi with spicy tuna, avocado, wasabi, pickled ginger, sriracha aioli, eel sauce 16.⁹⁵ GF
- Crispy Shrimp Spring Rolls** lime miso vinaigrette, sweet chili vinaigrette 16.⁹⁵
- Petite Maine Lobster Bites** lemon garlic beurre blanc, gruyere, bread crumbs 24.⁹⁵
- General Tso’s Cauliflower** sweet and sour chili glaze, sesame seeds, scallions 15.⁹⁵
- Yellowfin Tuna Tartare** crushed tater tots, avocado smash, yuzu ponzu drizzle, pickled ginger 17.⁹⁵
- Lioni Burrata** campari tomatoes, arugula, garlic ciabatta, basil pesto 15.⁹⁵ VG
- Chicken Parm Meatballs** NJ tomato sauce, basil pesto 15.⁹⁵
- Crispy Rhode Island Calamari** giardiniera vegetables, pickled jalapeño, lemon basil aioli 16.⁹⁵

Salads

- Baby Iceberg Wedge** baby tomatoes, bacon lardons, pickled red onion, parmesan croutons, blue cheese dressing 14.⁹⁵
- Spring Harvest Salad** baby greens, fava beans, asparagus, shaved radish, Tumbleweed cheddar & rose vinaigrette 15.⁹⁵ V GF
- Caesar** romaine, parmesan croutons, shaved parmesan, caesar dressing 13.⁹⁵ VG
- Rotisserie Chicken Salad** Tuscan kale, savoy cabbage, quinoa, parmesan, cilantro, peanut vinaigrette 24.⁹⁵ GF
- Salmon Salad** baby greens, tomato, bacon lardons, avocado, grana padano, sherry vinaigrette 23.⁹⁵ GF
- Thai Steak Noodle** marinated filet mignon, spinach, cabbage, orange, avocado, crispy wontons, peanuts, miso vinaigrette 24.⁹⁵

Power Lunch 18.⁹⁵

SOUP, SALAD, & SLIDER OR SALMON

Choice of Creamy Clam Chowder or Rotisserie Chicken, Kale & Chickpea Soup

Choice of Caesar Salad or Baby Greens

Choice of Pan Seared Salmon, Fried Chicken Slider, or 3W Cheddar Slider

House Specialties

- Lobster Roll** choice of old bay frites or baby greens salad 26.⁹⁵
- Yellowfin Tuna Tacos** sesame seed crusted tuna, avocado cilantro, cabbage, shaved carrot, sriracha-lime aioli 23.⁹⁵ GF
- Rotisserie Chicken Quesadilla** caramelized onion, cheese, kale, sour cream, pico de gallo 15.⁹⁵
- Crispy Chicken Sandwich** pickles, tomato, swiss cheese, green cabbage slaw, brioche bun, frites 20.⁹⁵
- Warm Rotisserie Turkey & Brie Sandwich** sage mayo, arugula, cherry chutney, raisin-pecan bread, house made chips 15.⁹⁵
- 3West Vermont Cheddar Burger (Double Patty)** Brandt ribeye blend, lettuce, tomato, pickles, garlic aioli, brioche bun, frites 20.⁹⁵

We are concerned for your well being; if you have allergies, please alert us as not all ingredients are listed!

We are obligated to tell you that consuming raw or undercooked meat, seafood, eggs may increase your risk of foodborne illness.